

St. CAIREALL'S P.S. OCTOBER 2020 NEWSLETTER

Please see attached new Dinner Menu which starts from today.

Please make sure your child has a coat with them to school every day.

PLEASE NOTE:

Pupils in Reception class must be collected at 1pm

Pupils in Year 1 must be collected at 1.40 pm

Pupils in Year 2 must be collected at 2pm

Children who do not go home on a bus may be collected from 2.30pm and should be collected by 3pm at the latest.

Halloween Holidays – The school is **open** on Monday, 26th October for a Halloween fun day in each class bubble. Unfortunately, we cannot invite parents to join us this year and children will not be allowed to bring in Halloween costumes. The school will be closed for the Halloween holidays from Tuesday, 27th, October - Friday, 30th October inclusive. The school is also closed for pupils on Monday, 2nd November (SDD). School will be re- open on Tuesday, 3rd November when Mrs Michelle Ellis will be taking up her new post as Principal.

Sponsored walk: We would like to thank all those who supported our recent walk on Thursday, 1st and Friday 2nd October. The amount raised to date is £1,461.80 and €7.50. If anyone still has sponsor money to return, please do so by Friday, 9th October.

Thursday, 15th October; The school nurse will be coming out to the school to give the flu vaccine nasal spray to all pupils from P1 – P7 who have consented to having it.

Please do not send any nuts, bars containing nuts or peanut butter sandwiches with your child for lunch as we have children in the school who have very high nut allergies.

The Education Authority Western Region section require all dinner monies to be lodged with them every Friday. **Could you please ensure that your child/children`s dinner money is paid up by the end of every week. Please put the money in an envelope with your child`s/children`s name on it and send it in with your child.**

Please note that for Child Protection/Safeguarding regulations only parents/guardians or any of the four named persons on the Contact Collection form will be able to collect children from school.

Some important points following Dept. of Education guidelines to keep everyone safe:-

- If you are standing outside the gates, waiting on your child, please remember to keep your distance from the person standing next to you.
- Please remember if your child has any symptoms of COVID 19 **DO NOT** send them to school.
- If your child or anyone in your household bubble are awaiting test results, please keep your child at home.
- If your child has been in contact with anyone who has tested positive, please keep them at home for 14 days.

Thank you for your continued support.

Staff of St. Caireall`s P.S

Child

dinner = £2.60

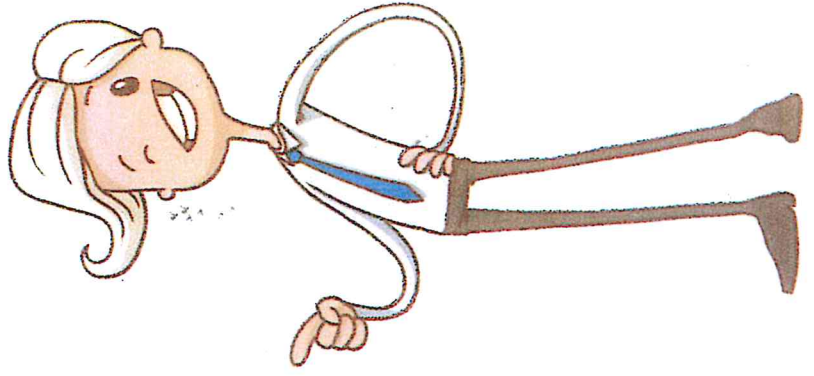
Dining Room Service Oct'20 Menu

school food

Try Something New Today
www.schoolfoodni.com

WM Bread, Fresh Fruit,
Salad, Yoghurt, Milk &
Water are available daily.

If you require any additional
information on allergens or
special diets please contact
the school in the first instance.



	Monday	Tuesday	Wednesday	Thursday	Friday
05/10, 02/11, 30/11, 28/12, 25/01, 22/02, 22/03, 19/04, 17/05, 14/06.	Margherita Pizza Sweetcorn / Gravy Mashed Potato Oven Baked Potato Skins Wholewheat Pasta Salad / Bread Cornflake Slice / Custard or Grape Fruit Pot or Yoghurt	H/M Chicken Goujons on Sweet Chilli Noodles Broccoli / Gravy Mashed Potato / Pasta H/M Oven Roasted Diced Tossed Salad / Bread Fruit Cookie / Custard or Fresh Fruit Pot or Yoghurt	Oven Baked Fish Fingers Baked Beans / Mixed Veg Mashed Potato / Chips Coleslaw Bread Berry Muffin / Custard or Apple & Orange Fruit Pot or Yoghurt	Spaghetti Bolognese Healthy Garlic Bread Sweetcorn & Peas / Gravy Mashed Potato Coleslaw Chocolate Cracknel Custard or Mixed Fruit Pot or Yoghurt	H/M Beef Burger & Bap Peas / Gravy Mashed Potato Side Order Fries Wholewheat Pasta Side Salad / Bread Ice-Cream Tub or Melon Fruit Pot or Yoghurt
12/10, 09/11, 07/12, 04/01, 01/02, 01/03, 29/03, 26/04, 24/05, 21/06.	Oven Baked Sausage Baked Beans / Broccoli Mashed Potato Gravy / Bread / Salad Wholewheat Pasta Ginger Biscuit / Custard or Apple & Orange Fruit Pot or Yoghurt	Roast Dinner Seasonal Vegetables Mashed Potato Gravy / Bread / Salad Wholewheat Pasta Chocolate Brownie Custard or Mixed Fruit Pot or Yoghurt	H/M Chicken Fillet Burger Peas / Gravy / Salad Mashed Potato Side Salad Fries Wholewheat Pasta Rice Krispie Stack Custard or Grape Fruit Pot or Yoghurt	Fantastic Pizza Mixed Vegetables Mashed Potato H/M Oven Roasted Diced Gravy / Bread / Salad Frozen Yoghurt or Melon Fruit Pot or Yoghurt	Seared Chicken Fillet Rainbow Rice / Coleslaw Nan Bread / Curry Sauce Peas / Gravy / Pasta Mashed Potato / Bread Oven Baked Potato Skins Chocolate Chip Shortbread / Custard or Fresh Fruit Pot or Yoghurt
19/10, 16/11, 14/12, 11/01, 08/02, 08/03, 05/04, 03/05, 31/05, 28/06.	H/M Beef Burger & Bap Peas / Gravy Mashed Potato Side Order Fries Wholewheat Pasta Side Salad / Bread Ice-Cream Tub or Melon Fruit Pot or Yoghurt	Margherita Pizza Sweetcorn / Gravy Mashed Potato Oven Baked Potato Skins Wholewheat Pasta Salad / Bread Cornflake Slice / Custard or Grape Fruit Pot or Yoghurt	Spaghetti Bolognese Healthy Garlic Bread Sweetcorn & Peas / Gravy Mashed Potato Coleslaw Chocolate Cracknel Custard or Mixed Fruit Pot or Yoghurt	H/M Chicken Goujons on Sweet Chilli Noodles Broccoli / Gravy Mashed Potato / Pasta H/M Oven Roasted Diced Tossed Salad / Bread Fruit Cookie / Custard or Fresh Fruit Pot or Yoghurt	Oven Baked Fish Fingers Baked Beans / Mixed Veg Mashed Potato / Chips Pasta Salad Bread Berry Muffin / Custard or Apple & Orange Fruit Pot or Yoghurt
26/10, 23/11, 21/12, 18/01, 15/02, 15/03, 12/04, 10/05, 07/06.	Seared Chicken Fillet Rainbow Rice / Coleslaw Nan Bread / Curry Sauce Peas / Gravy / Pasta Mashed Potato / Bread Oven Baked Potato Skins Chocolate Chip Shortbread / Custard or Fresh Fruit Pot or Yoghurt	H/M Chicken Fillet Burger Peas / Gravy / Salad Mashed Potato Side Order Fries Wholewheat Pasta Rice Krispie Stack Custard or Grape Fruit Pot or Yoghurt	Fantastic Pizza Mixed Vegetables Mashed Potato H/M Oven Roasted Diced Gravy / Bread / Salad Frozen Yoghurt or Melon Fruit Pot or Yoghurt	Roast Dinner Seasonal Vegetables Mashed Potato H/M Oven Roasted Diced Gravy / Bread / Salad Chocolate Brownie Custard or Mixed Fruit Pot or Yoghurt	Oven Baked Sausage Baked Beans / Broccoli Mashed Potato Gravy / Bread / Salad Wholewheat Pasta Chocolate Brownie Custard or Mixed Fruit Pot or Yoghurt